



AMERICAN SOCIETY OF
SAFETY PROFESSIONALS

Chesapeake Chapter

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October Newsletter

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PRESIDENT'S LETTER



Frank Tiralla, President, Chesapeake ASSP

Do you have a plan on improving your professional development? Believe it or not, many professionals don't. If you want to succeed, you need to prepare yourself for the next level in your career by learning new skills. To do so, you must exploit every opportunity to learn. In a recent article I read the author provided several methods to take control of your leadership development. Some I thought were worth sharing.

Hone a Learning Mindset: Having a positive attitude towards professional development is vital. Set aside time to learn on a regular basis. ASSP can help in this endeavor with the myriad of classes offered. Have you ever considered chasing a BCSP designation? It's another great way to develop a learning mindset.

Attend Training Programs: Books and articles can only take you so far. Those who attend training programs show they are committed to learning and have figured out how to make time for it without getting caught behind the eight ball. Not to mention the valuable networking opportunities at an event. One event that happens every year in April is the Chesapeake Chapters PDC. If you have never attended, I would challenge you to attend our PDC in April of 2020.

Teach What You Know: Were you aware that teaching is one of the most underused tools in leadership development? Ever hear the saying you learn by doing? It makes you think about the subject in new light. I have also had the experience, that in some cases you learn more from your "students" than they do from you. Take advantage of opportunities to pass on your knowledge. A few easy ways are to volunteer to speak at one of the chapter's monthly membership meetings, give a presentation at our December Holiday meeting or even at our yearly PDC.

Find Mentors: Develop relationships with people who have "been there done that". Mentors and/or coaches usually can provide objective advice that you may not get on the job. Regardless, find someone who will give you honest, unvarnished input.

Cultivate Peer Relationships: This should be one of your top professional goals. Develop relationships with as many people in your industry and those in the same profession. The more the better. This not only helps in keeping up with developments and gaining new perspectives and ideas, but often provided great value to your company too. In this regard, I would challenge you once more to attend our April PDC and network, network, network. Come introduce yourself and exchange business cards. See how many you can get by the end of the day. 5, 10, 50?

Hopefully these methods are helpful as you continue your own journey developing yourself professionally. Lastly, if you really want to jumpstart your professional development, consider becoming an active member in the ASSP Chesapeake Chapter, it's one great way to put these six methods to use, have fun doing so and learning along the way.

Regards,

Frank Tiralla

President, Chesapeake Chapter ASSP

MEMBERSHIP UPDATES

Welcome New Chesapeake Chapter Members!

First Name	Last Name	Date Joined	Member Class	Sponsor Name
Matthew	Landry	9/1/19	Student	
Tripti	Neupane	9/1/19	Member	
Martin	Sanders	9/1/19	Professional	
Ralph	Thompson	9/1/19	Member	Abby Ferri
Michelle	Wolfe	9/1/19	Professional	

Total Number of Current Members:

423

We look forward to meeting you at the next Chapter Meeting. ***Remember your first chapter meeting is free!***

UPCOMING EVENTS

CHAPTER MEETINGS & WEBINARS

Our monthly chapter meetings are valuable opportunities for professional development, networking and catching up with friends and colleagues. Take a look below to see what we've got in store for you! If you have any suggestions on 2019 topics of interest to membership, please contact Kim Brown, kim.brown@tate.com

You can also view prior Chapter Webinars on the website: <http://chesapeake.assp.org/files/>



FREE SEMINAR!

Mine Safety and Health Law Seminar (Metal/Nonmetal)

November 12, 13, 14, 2019

Location: DMME Office, Charlottesville, VA

The Virginia Department of Mines, Minerals and Energy presents its mine safety and health law seminar focusing on federal (MSHA) and Virginia state laws governing the mineral mining (metal/nonmetal) industry.

The intent of the seminar:

In order to achieve safe and compliant mine operations, it is necessary for mine operators and contractors to have a basic understanding of the laws that apply to their activities. This seminar will provide the resource materials, and a review of those materials, to aid the industry in achieving its goals in safety and compliance.

FOR MORE INFORMATION AND REGISTRATION DETAILS:

DMME WEBSITE: <https://www.dmme.virginia.gov/DMM/divisionmineralmining.shtml>

BROCHURE: <https://www.dmme.virginia.gov/dmm/pdf/BROCHURES/MSHALawSeminar.pdf>

Virginia Department of Mines, Minerals & Energy
Division of Mineral Mining
900 Natural Resources Drive, Suite 400
Charlottesville, VA 22903
Phone: (434) 951-6310
E-mail: vernon.harris@dmme.virginia.gov



CHESAPEAKE 
ASSP CHAPTER

Chesapeake Chapter PDC

Save the Date!

April 16, 2020

[Chapter Events](#)

Did you know MOSH offers FREE classes on a variety of safety topics?

Check out the website for more information:

<https://www.dllr.state.md.us/DLIOutreach/web/content/MOSHHome.aspx>

NEWS



ChapterWISE

Did you know the Chesapeake Chapter is starting a chapterWISE? Are you interested in being on the team or attending activities? Let us know! Please complete the survey below.

ChapterWISE Survey

<https://www.surveymonkey.com/r/C37L2CP>

For more information you can reach the chesapeakeWISE representative Kelsey Nutter at chapterWISE email wise@chesapeake.assp.org

ASSP Online Community

Have you checked out the ASSP online community platform? The exclusive online ASSP Community connects you with great resources and great people to help you grow professionally and engage with other safety professionals. The ASSP Community provides a forum for members to get help with a technical safety problem and provides a platform for members to showcase their technical expertise. Members can also share experiences, post photos from local events, and so much more!

Log in at <https://community.assp.org/home>

Have questions? Contact Kelsey Nutter, one of the ASSP Community Influencers, at NutterKB@gmail.com!

Where were you?

By Craig D. Lowry, CSP

You should never judge a book by its cover, and you shouldn't judge a conference solely by the threat of a hurricane. I attended the Region VI PDC and once again it delivered more than expected. Last year the conference was cancelled because of Hurricane Florence, but Dorian was less a threat for the East Coast. If you did not attend the PDC, you missed powerful opening sessions and blockbuster speakers that produced a wonderful conference experience. I have been to the National Conference and the Region VI PDC and I must tell you, they equal in value. Because of the venue, "Myrtle Beach" it is able to attract many national speakers with a tremendous offering. When considering my attendance this year and previous years the following comes to mind: *Inspiration, Workshops, Networking, Vendors of all kinds, Food and Logistics*. After all, it's not just the talks and presentations to which you should be paying attention, but the opportunity for enjoyment. Myrtle Beach is a great venue for family, and you individually. To get the most out of a conference you have to do the homework and have a goal, but the bottom line is what take-homes can you assemble. I have never been disappointed.

Next year's PDC is **September 16, 17, and 18th, 2020**- put it on your calendar, and don't miss the opportunity.

Chesapeake Chapter ASSP Scholarships

Applications for 2019 scholarships are now accepted!

Follow this link for application forms: <https://chesapeake.assp.org/education/>

Contact Barb Ruble bruble@stcenv.com for more information.

Government Affairs Report

For current information on Federal and Maryland State regulations and safety initiatives, see the [Government Affairs Report on the Chesapeake Chapter website](#).

CAREER OPPORTUNITIES

See the Chapter website for information and job opportunities

<https://chesapeake.assp.org/current-openings/>

Hawkeye Safety – DC Area

Construction Safety Professionals

Hawkeye Safety is rapidly expanding and currently seeking exceptional construction safety professionals to join our team. We offer full-time and part-time employment with competitive compensation, growth opportunities, professional development, and benefits. Compensation based on experience and qualifications. The job is for an immediate hire for a large scale construction project in the DC area.

Job Description: Responsible for organizing, and coordination of the company health and safety program, and site-specific safety plan. It is expected that employee will be responsible for maintaining clear communication with field staff and management. Candidates local to the DC Metro Area preferred. No Per Diem will be provided.

Key Responsibilities include, but are not limited to:

- Ensuring compliance with Federal, State, and Client safety requirements
- Preparing Job Hazard Analyses
- Conducting documented safety inspections of work activities
- Performing daily safety meetings
- Assisting in Incident Case Management to control OSHA recordables and lost time injuries

- Conducting near-miss, accident and incident investigations
- Ensuring the proper use of PPE
- Assisting with permitting procedures and preparation
- Basic Safety Training
- Reporting to project management as requested

REQUIRED Experience and Certifications:

Minimum five (5) years site safety management experience. OSHA 30 and one of the following: BS in Safety Management, CSP or CHST.

Preferred Education, Experience and Qualifications:

- Must be able to meet physical requirements, including the ability to climb ladders, negotiate construction work sites, and lift up to 50 lbs.
- OSHA 510
- Knowledge of safe work practices, OSHA reporting and regulations.
- Excellent oral and written communication skills.
- Record keeping and injury management skills
- First aid & CPR certification
- Competent Person Training for fall protection, confined spaces, scaffolding, silica dust, etc.

Hawkeye Safety is an Equal Employment Opportunity Employer. Minorities, Women, Disabled and Veterans are encouraged to apply.

1-800-565-1157

careers@hawkeyesafety.com

<https://www.hawkeyesafety.com/careers>

Sysco – Jessup, Maryland

Safety Specialist

This Operating Company (OpCo) based position will assist with the implementation of a prevention-focused health, safety and environmental (HSE) and security program. The position will assist and promote OpCo- specific project implementation and training to support Sysco's overall HSE objectives, including security and crisis preparedness objectives.

Responsibilities

- Complete new hire orientation training programs as assigned by Safety Director.
- Maintain records for safety programs (ie training logs, reports, inspections)
- Implement and train new or existing training programs, provided by Safety Director, to employees and supervision as needed.
- Inspect facilities to detect existing or potential unsafe conditions
- Participates in investigations, when needed, on vehicle accidents and injuries. Assist with identification of root causes and helps supervision develop corrective actions when needed.
- Engages associates to properly follow work methods in their daily job functions.
- Completes observations and coaching of high risk associates as needed
- Monitors inspection of equipment to detect existing or potential failures and recommends corrective/preventative measures where indicated.
- Support site management in the implementation of HSE plans
- Promotes a workplace that is a proactive safety culture
- Provide supervisor and management training on root cause analysis
- Interface with regulatory bodies (OSHA, DOT, EPA, and State/Local Regulators) in the Safety Directors absence.
- Assists with the completion of a company-wide annual HSE training plan
- Develop effective interdepartmental relationships
- Display strong problem solving, organizational and analytical skills
- Demonstrate professional maturity and ability to act as a change member
- Promote zero incident HSE culture throughout the company
- Support execution of Sysco's Emergency Preparedness Plan procedures and policies
- Interprets trains and consistently enforces Company policies and procedures
- Maintains associate relations through regular interactions and communication, monitors associate morale and provides feedback to leadership when needed.

Education and/or Experience

- Associate's Degree and/or a minimum two years of safety experience with OSHA certifications
- Two or more years with direct hands on safety experience in a warehousing, manufacturing or transportation operation
- Two or more years experience with Occupational Safety preferred

Professional Skills

- Strong interest in safety with a proven record of results
- The ability to drive a strong safety philosophy and implement constructive behavior changes in Operations safety
- Excellent analytical skills

- Excellent employee relations and interpersonal communication skills; ability to interact effectively with all levels of management, supervision and employees
- Demonstrate excellent verbal communication, written communication, and presentation skills
- Leadership and team building skills, able to influence decision makers
- Demonstrated knowledge of spreadsheet and word processing software, and the ability to learn Sysco technology software and programs
- Effectively using time and resources to accomplish overall initiatives and program goals
- The ability to analyze and independently solve a variety of difficult situations and problems
- Successfully demonstrate Leadership Framework competencies

Certificates, Licenses and Registrations

Has attained or is working toward certification in safety as a recognized safety professional. Must possess a valid Driver's License

Physical Demands

The physical demands described here are representative of those that must be met by an employee to successfully perform the essential functions of this job.

- While performing the duties of this job, the employee is regularly required to sit, stand, walk and use hands and fingers to operate a computer keyboard, mouse, and telephone to talk and hear.
- The employee is frequently required to sit and reach with hands and arms.
- The employee must occasionally lift and/or move up to 20 pounds.

Working Conditions

The work environment characteristics described here are representative of those an employee encounters while performing the essential functions of this job. Reasonable accommodations will be made to enable individuals with disabilities to perform the essential functions of this job.

- This position will be performed at the assigned operating company facilities.
- Must be able to do limited travel to Sysco facilities or operating companies.
- The noise level in the work environment is usually moderate.

Notice

The above statements are intended to describe the general nature of the environment and level of work being performed by this job. This job description in no way states or

implies that the duties and responsibilities listed are the only tasks to be performed by the employee in this job. The employee will be required to follow any other instructions and to perform any other job related duties requested by his or her supervisor. Reasonable accommodations will be made to enable individuals with disabilities to perform the essential functions. This job description supersedes prior job descriptions. When duties and responsibilities change and develop the job description will be reviewed and subject to changes of business necessity. Applicants must be currently authorized to work in the United States.

Apply: https://rmk.sysco.com/job/Jessup-Safety-Specialist-Mary-20794/569250000/?locale=en_US

Manager, Safety & Quality

Join the leader in underground pipeline construction and get yourself a solid career with solid pay! Take the first step on your path to career advancement; Join Us – we've got work for the next 100 years!

Our Manager of Safety & Quality develops, manages, and audits all aspects of the Safety, Training, and Quality of designated operating area(s). You will serve as a leader of the local Safety & Quality team and also is a champion of NPL and customer safety and quality policies and procedures.

Perks

- Excellent benefit package including Health Insurance as low as .23 cents per week
- Employer Health Saving Acct. contribution up to \$1,600.00 per year
- Company 401(k) match: dollar for dollar on first 3% and \$.50 on the dollar for the next 4%
- Dental and Vision as low as \$5.45 per week
- 9 company paid holidays plus accrue PTO/Vacation time

Responsibilities

- Manage safety, quality, and training programs
- Implement and enforce safety and quality procedures, OSHA, PHMSA, EPA, all applicable regulations and Company/Customer standards
- Facilitate and encourage a safety culture committed to continuous improvement
- Provide training, on-site job coaching, and work auditing
- Manage and conduct on-site safety assessments of crews
- Utilize root cause analysis to investigate employee injuries and general liability claims

- Investigate all accidents within designated area(s) and provide timely reporting
- Complete internal quality control audits and communicate audit findings
- Manage drug and alcohol program and maintain safety documentation
- Work on the development of defined projects as assigned
- Perform other related duties as assigned or requested

Education, Skills, Experience Needed

- Bachelor's degree is required' focus on safety, construction, or engineering is preferred
- 2 years' experience in employee management
- 3 years' experience in construction safety, quality, and regulatory compliance fields
- OSHA 500/510 and or Board Certified Safety Professional designation is preferred

Working Environment

- Work sites are often outdoors in potentially extreme weather conditions
- All worksite safety instructions are written and spoken in English; must be fluent in English
- Work includes prolonged and repeated: lifting (including overhead, up to 50lbs); standing; climbing; kneeling; reaching and feeling; crouching and crawling
- Flexibility to work various schedules and stay late when necessary with little or no notice
- Work is performed within the "red zone" of heavy equipment
- Working safely requires quick/accurate hand-eye coordination
- Must be able to read documents, use a computer, communicate verbally and in writing
- Mobility required within an office, warehouse and construction site environments

Requirements

- Pass pre-employment, random, post-accident, and reasonable suspicion drug screens
- Provide valid US work authorization documents for E-Verify
- Satisfactory results of pre-employment background check results
- Valid driver's license with clean driving record
- Pre-employment medical fit-for-duty test; hold/obtain DOT medical card

Equal Employment Opportunity Statement

This job description is subject to change at any time. It reflects management's assignment of essential functions, and does not exclude or restrict the tasks that may be assigned. Centuri and its subsidiary companies will provide equal employment

opportunities to all applicants without regard to an applicant's race, color, religion, sex, gender, genetic information, national origin, age, veteran status, disability, or any other status protected by federal, state or local law. Centuri will provide reasonable accommodations to allow an applicant to participate in the hiring process (e.g., accommodations for a test or job interview) if so requested.

Contact: Gail Elbourne, Talent Specialist, gelbourne@NextCenturi.com

Senior Risk Management/Loss Control Consultant

General Placement Service has partnered with an A.M. Best "A" rated specialty insurance company focused on the construction & manufacturing fields. They are looking for a **Senior Risk Management Consultant** to work remotely from the Richmond area. Must be a self-starter and have the ability to prioritize and build strong client relationships.

This role will be responsible for:

- Conducting inspections, loss control surveys and making recommendations for improvement
- Developing training sessions and executing safety programs
- Advising clients on proper coverages

Qualifications:

- 3-5 years of experience as a Risk Manager/Loss Control Consultant
- Knowledge of construction and manufacturing risks
- Bachelor's Degree and CSP, ARM or CHSM designations preferred

Job - 5577, <http://www.generalplacement.com/career-opportunities/>

Please contact Jason Zelenak for more information: jason@generalplacement.com,
724-381-0851

EXECUTIVE COMMITTEE

Chesapeake Chapter ASSP Goal: The purpose of this Chapter is to promote the advancement of the safety profession, safety professionals, and development of its members in the geographical area served.

The Executive Committee meets monthly to further these goals. Contact anyone below for more details, and if you would like to participate!

See Chapter Website For More Information: <https://chesapeake.assp.org/chapter-officers/>

Executive Committee Members

Elected positions:

President: Frank Tiralla

Vice President: Jim Kane

2nd Vice President: Kim Brown

Treasurer: Anthony Lee

Secretary: James Woodward

Nominated positions:

Communications: Mike Wolf

Past President: Robb Altenburg

Nominations & Elections: Robb Altenburg

Programs Chair: John A Adams

Government Affairs Chair: Patrick J Whelple, CSP

Scholarship & Awards Chair: Barbara Jo Ruble, QEP, CPEA,

WISE Liaison: Kelsey Nutter

Membership Chair: Mary Smith

Newsletter Chair: Laura Wickersham

Professional Organization Liaison: Jim Lewis

Delegate: Ned Fitter

Chapter PDC Chair: Jim Lewis

Professional Development Conference (PDC) Committees:

Chapter Committee Member: Mary Doyle

Chapter Committee Member: Robert L. Lawson

Chapter Committee Member: Joseph Opauski

Chapter Committee Member: Mike Ginther, CSP



If you do not wish to receive these emails, please [click here](#) to unsubscribe from ASSP Chesapeake Chapter messages.